

A learner will be.....
Safe Respectful Responsible

Coraki Public School



Term 1 Week 4

www.coraki-p.schools.nsw.gov.au



Hello Everyone,

Hello Everyone, Week 3 was a wonderful, week of learning and achievements. We had our first assembly where we announced our Year 6 Leaders, presented school badges to all the staff and celebrated the amazing, enthusiastic participation and achievement from the swimming carnival. The school leaders for 2021 are Isabella Foley and Kiemma Gomes. Both girls have agreed to take on these roles for 2021 and their parents proudly signed their agreements and pinned their badges on them. We are so proud of our leaders and look forward to seeing all that they can achieve in 2021.



Mr Peter Campbell our Director Educational Leadership attended our assembly and presented all the staff with our new badges. The staff at CPS haven't had badges for a few years so we redesigned them with fresh look. All staff were very proud to receive their badges. We will all wear them proudly.



Every student who attended the swimming carnival in week 2 received a participation award and then Mr Davies presented the ribbons to the amazing swimmers on the day. Congratulations to all the students for the enthusiasm they displayed at the carnival. It was fantastic. So was the behaviour, as everyone was exhibiting our PBL expectations of being Safe, Respectful and Responsible.

Events Calendar

**The Rivers Secondary Collage
Lismore High Campus
Parent Information Evening
02/03/2021**

**The Rivers Secondary Collage
Year 5 Road Show
17/03/2021**

Birthday's

Happy belated Birthday to:

Whaylen Benedierks-18/02/2021

Happy Birthday to everyone in our
Coraki Public School
Community!



Education

The staff race was also recognised.

The pool blow up floatation device race results:-

- 1st place - Mr Davies
- 2nd place - Elissa Gollan
- 3rd place - Mrs Parker

The pool noodle race results:-

- 1st place - Mr Davies
- 2nd place - Mrs Parker
- 3rd place- Elissa Gollan

Thank you to our helpers Mr Whitney and Mr Lindon. The swimming carnival was a great success. CPS had some great swimmers.

Thank you to all our wonderful families for supporting CPS. We really enjoyed having you attend our assembly on Friday and we hope more families will join us in week 6 when we have our next assembly.

We are COVID-19 safe as we follow all protocols communicated to us.

Coraki Public School is a great place to work, play and learn.

Kind Regards,

Lyn Parker

Principal



Coraki Public School Swimming Carnival Results

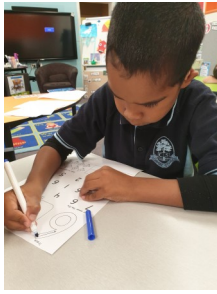
50m Freestyle	Boys	Girls
8yrs	Hayden Hynd Ethan Russell	1st-Janaya Gomes
9yrs	1st- Whaylen Benedierks Riley Stewart-25m	
11yrs	1st -Declan Collins	1st -Lucy Edwards
12yrs		1st -Kiemma Gomes

50m Breaststroke	Boys	Girls
8yrs	Hayden Hynd- 25m	1st-Janaya Gomes
9yrs	1st- Whaylen Benedierks Riley Stewart-25m	
11yrs	1st -Declan Collins	1st -Lucy Edwards
12yrs		1st -Kiemma Gomes

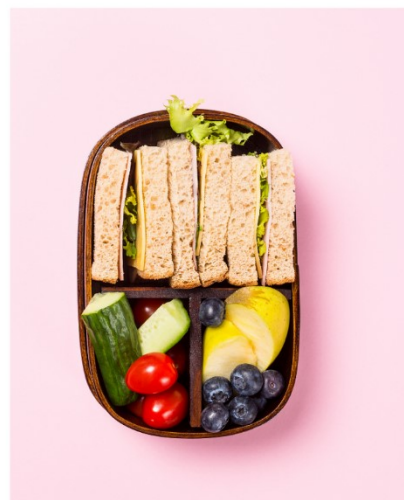
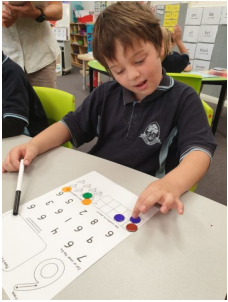
50m backstroke	Boys	Girls
8yrs	Hayden Hynd- 25m	1st-Janaya Gomes
9yrs	1st- Whaylen Benedierks 2nd-Riley Stewart	
11yrs	1st -Declan Collins	1st -Lucy Edwards
12yrs		1st -Kiemma Gomes

100m Freestyle	Boys	Girls
9yrs	1st- Whaylen Benedierks	
11yrs	1st -Declan Collins	
12yrs		1st -Kiemma Gomes





Coraki Public School Today



BALANCING THE LUNCHBOX

A free 20-30 minute Zoom session covering lunchbox ideas, inspiration, tips and tricks. You will also have the opportunity to have questions answered by our lunchbox team.

Sessions will run:

Feb 16th at 5pm

Feb 18th at 9:30am

Feb 24th at 12:30pm

Registrations:

<http://bit.ly/balancinglunchbox> OR

by scanning the QR code



Whats in your lunch box today?

Fried Rice Muffins

Ingredients:

- 1cup Jasmine rice, cooked and cooled
- 4cm fresh ginger, thickly sliced
- 100g cooked chicken
- 1/4cup frozen peas
- 1/4cup frozen corn
- 1 small red capsicum, finely chopped
- 2spring onions
- 2 garlic cloves, crushed
- 2 eggs lightly beaten
- 2 tbsp. reduced salt soy sauce
- 1/4 cup wholemeal flour
- Olive oil spray

Method 1

Preheat oven to 220C. Lightly spray a 12 cup muffin tray with olive oil.

Method 2

Add chicken, peas, corn, capsicum, spring onion, garlic, egg, soy sauce and flour to the rice and stir to combine. Spoon mixture evenly into the muffin tray. Lightly press with the back of spoon and spray with a little more oil.

Method 3

Bake for 20 to 25 minutes or until golden and just firm to touch. Stand for 10 minutes then carefully remove.

Recipe from—healthylunchbox.com.au

Recommended fluid intake for school aged children

5 – 8 years old	9 – 13 years old	14 – 18 years old
1.2 litres	1.5 litres	1.8 litres
 x 5	 x 6	 x 7+

LISMORE SWANS JUNIORS

COME AND TRY DAY



GLORIA MORTIMER OVAL
BREWSTER ST. LISMORE
(OPPOSITE MACCAS)

WEDNESDAY MARCH 3RD
4PM TO 6PM

ENQUIRIES PLEASE CONTACT THE CLUB
LISMORESWANSJUNIORS@GMAIL.COM
WWW.LISMORESWANSJUNIORS.COM.AU

Children's Services

@

Casino Library

Baby Bounce

Songs and rhymes for age 0 to 2 year old children with parent/carer.
Each Monday from 10.30am to 11am.

Bookworms

Storytime and craft for 3 to 5 year old children with parent/carer.
Fortnightly on Tuesdays & Thursdays from 10.30am to 11am.

Playdough Playtime

For 2.5 to 5 year old children with parent/carer.
The last Wednesday of each month from 10.30am to 11.15am.

Lego Club

For school aged children 5 to 12 years old.
The first Wednesday of each month from 3.30pm to 4.30pm.

Bookings Essential.



Casino Library Branch
Graham Place, Casino
www.richmondvalley.nsw.gov.au/library
Email: ructl@richmondvalley.nsw.gov.au
Phone: (02) 6660 0250
Fax: (02) 6662 2001

2021 NETBALL SEASON

www.casinonetball.com.au
GIRLS AND BOYS FROM 5 YEARS
BOYS TILL THE AGE OF 12 YEARS

YOU DON'T NEED A TEAM WE WILL SET YOU UP
WHAT EVER YOUR ABILITY
WE HAVE A GRADE FOR YOU
SKILLS AND FUN IN A TEAM SETTING
ONLINE REGISTRATIONS OPEN NOW

NET SET NET - \$130
NET SET GO - (PLAYING SATURDAYS) - \$180 (FROM 7 yrs) NEED TO DO SKILL BASED PROGRAM OF NSC
JUNIORS - (10-17yrs) - \$180
SENIORS - (18yrs plus) - \$195
ALL ABILITIES - \$130- PLEASE CALL OR SEE PRESIDENT OR REGISTRAR PRIOR TO REGISTERING
NON PLAYERS - \$70 PROCESSING FEE APPLIES WITH ALL REGISTRATIONS

\$20 DISCOUNT FOR NSC PLAYING SATURDAYS, JUNIORS AND SENIORS FEES IF PAID PRIOR TO THE 5TH OF MARCH 2021

TEAMS SHEETS DUE BY THE 20TH FEBRUARY
FOR FURTHER INFORMATION PLEASE CALL
0457866610 OR 0420723456

NET-SET-NET AND NET-SET-GO PROGRAM OFFERED WEDNESDAYS 4.15-5.15 FOR TRAINING

SIGN ON DAYS -CASINO RSM
SATURDAY 13TH AND 20TH
FEBRUARY
10AM TO 2PM

Come and Play Netball

Order Due

Feb 18!

Book Club

1 ISSUE
2021