

A learner will be.....  
Safe Respectful Responsible

# Coraki Public School



Term 4 Week 5

[www.coraki-p.schools.nsw.gov.au](http://www.coraki-p.schools.nsw.gov.au)



Hello Everyone,

Coraki Public school has absolutely shone this week with so much action it felt like it was a whole month.

On Monday we had our school photos followed by our opening Assembly for NAIDOC Week. We had the Jagoon Dance Group do a welcome dance in our bottom playground and then each of the classes gave an interpretation of a Traditional Aboriginal story, this was complemented by class awards.

On Tuesday The Aboriginal Girls Dance group was formed and Gloria, Jen and Tricia our wonderful Aboriginal AEO and SLSO's started teaching the girls 3 traditional dances. After the practice the girls worked with Mrs Parker to handprint onto black fabric which was then made into skirts for the girls to wear while they are dancing. It was a terrific experience for all.



On Wednesday our Kindergarten Orientation Program began, where we welcomed our delightful 2021 Kindergarten students to the Coraki Public School family. They have had 3 full days of big school and have integrated into the school seamlessly. The Year 5 students buddied up with a Kindergarten student and showed them around the school over the 3 days.



*Remembrance Day  
11 November 2020  
Lest We Forget*



## Events Calendar

**School Colour Explosion Run**  
24/11/2020

**School Swimming Program**  
30/11-10/12/2020

## Birthday's

Dakodah Jones-16/11/2020

Tarek James- 17/11/2020

Happy Birthday to everyone in  
our Coraki Public School  
Community!



Education



Wednesday was Remembrance day and Mrs Parker, Elissa and the School Captains attended the Coraki service at the Cenotaph conducted by the lovely local community member, Marlene Leggo. The students displayed wonderful respect for the ceremony and laid a wreath of flowers donated by Elissa Gollan our Community liaison.

Wednesday afternoon the school rotated around some Aboriginal activities. There were Johnny cakes made and enjoyed, artworks created and a dance workshop participated in. It was a fantastic afternoon of culture.

On Thursday Ms De Maria organised a range of Traditional Aboriginal Games for the students to participate in. All the classes rotated around the games and a great deal of fun was had by all.

Today, we started the day with the inaugural dance presentation by our Aboriginal Girl Dance group. The girls wore the skirts they had printed and performed 3 dances for the whole school. It was an outstanding performance and the whole school was extremely proud of the girl's skills. We are so excited to announce that in the coming weeks our Aboriginal Boy Dance group will be starting. We look forward to sharing their performances with you too.

Please follow us on Facebook and see all the photos from this week's celebrations.

Coraki Public School certainly is a fabulous place to be. We are taking enrolments for all grades, so please let anyone you know who may be looking for a wonderful environment for students to learn and grow. This also includes our Transition class.

**Coraki Public School is a great place to work, play and learn.**

Kind Regards,

*Lyn Parker*

Principal





# NAIDOC Week Opening Assembly



Always Was,  
Always Will Be.



waysWillBe



# Whats in your lunch box today?

## Sesame puffed rice bars

- 1/4 Jap Pumpkin
- 2x200g canned chickpeas, drained and rinsed
- 1/2 fresh coriander, chopped
- 1 tsp ground cumin
- 1 tsp sumac (optional)
- 1 cup parsley, chopped
- 2 tbs tahini
- 1 tsp salt
- 1 pinch besan flour (to coat)
- 1 spray olive oil

### Method 1

Preheat your oven to 180°C (160°C fan-forced). Slice the pumpkin, coat with a little oil and roast for 25 minutes. Chill and remove the skin.

### Method 2

Blend the chickpeas in a food processor until crumbly. Combine all of the ingredients, except besan flour and spray oil, until well mixed. Refrigerate for 30 minutes.

### Method 3

Form the mixture into small pucks, 2cm high and 5cm across, and dust in besan flour. The mixture will seem a little wet, dependent upon the moisture of the pumpkin. Use plenty of besan to help it stop sticking to your fingers.

### Method 4

Arrange on a lined baking tray and spray with oil. Bake for 20 minutes.

Recipe from—kidspot.com.au



**The Focus on New Fathers** program provides a free text message based service called SMS4dads.

Free tips, tools and links - directly to dad's phone

To help new dads and dads-to-be navigate the changes, before and after the birth of their baby, NSW Health and the University of Newcastle have partnered to deliver SMS4dads.

Once new dads and dads-to-be are registered, they'll receive practical tips, tools and helpful links directly to their phone.

You're eligible:

- if you are 18 years or older
- if your partner is at least 16 weeks (four months) pregnant or
- from your baby's birth until they are 6 months old.

For more information visit [www.health.nsw.gov.au/focus-on-new-fathers](http://www.health.nsw.gov.au/focus-on-new-fathers)

Registration is free and easy.

[www.health.nsw.gov.au/focus-on-new-fathers](http://www.health.nsw.gov.au/focus-on-new-fathers)



**Healthy Lunch Box website**

A one-stop-shop for everything you need to know about packing a healthy lunch box.

Need help packing a lunch box?

Check out our new online presentation that will show you how easy it can be to pack a healthy lunch box that your kids will love to eat!

For recipes, tips and more visit: [healthylunchbox.com.au](http://healthylunchbox.com.au)

Cancer Council Healthy Lunch Box

## School Swimming Program

A reminder to hand in the swimming slip for our School Swimming Program, even if your child does not need an assessment.

## Book Club has summer reading sorted!



ISSUE 8 OUT NOW!

Don't forget orders are due by:

Friday 27 November

There's something for everyone!



SCHOLASTIC

## Don't forget to hand in your permission slips for our School Colour Explosion run!

### Dates to remember:

- Last day of online fundraising on Friday 20 November.
- School Colour Explosion Run Tuesday 24 November 2020!

