

A learner will be.....  
Safe Respectful Responsible

# Coraki Public School



Term 4 Week 1

[www.coraki-p.schools.nsw.gov.au](http://www.coraki-p.schools.nsw.gov.au)



Hello Everyone,

Week 2 has been a great week of learning at Coraki Public School with all classes very engaged in exciting activities.

K-1-2 have been learning about Physical Science, where they have been discovering what body parts you use for pushing and pulling objects.

3-4 have been working on some very creative poetry and are planning on publishing a book each. We all look forward to reading these.

5-6 have had a busy week, where they have been learning about Bushfires in Australia, planning some exhilarating fundraising ideas (watch this space) and Yr 5 visited Lismore Public School attending The Rivers Roadshow. At the Roadshow Yr 5 learnt all about High School life.



Our revamped canteen menu includes some delicious items and I have enjoyed watching the students ordering these healthy options. One of the favourites has been the yogurt and fruit cups. We continue to have our wonderful fruit box each week from Ballina Woolworths and we appreciate this support.



## Events Calendar

**NSW Dental Visit**  
02/11-06/11/2020

**Public Speaking**  
03/11/2020

**School Photographer**  
09/11/2020

**Kindergarten Orientation**  
11/11/2020-13/11/2020

**NAIDOC Week**  
8th-15th November 2020

**Kindergarten Orientation**  
11/11-13/11/2020

## Birthday's

Happy Birthday to everyone  
in our Coraki Public School  
Community!



Education

As the Covid-19 restrictions are lifted we look forward to planning more community based activities.

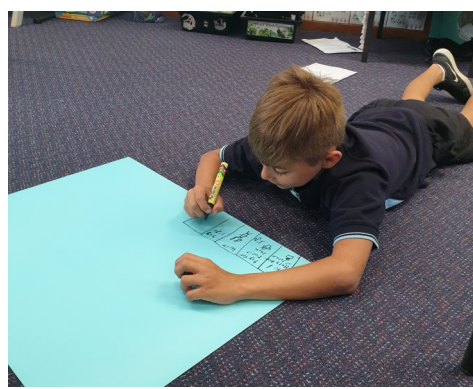
We are looking forward to establishing our Parents and Bubs yarn up as well as meeting with parents regarding the exciting activities we are planning for the end of year.

We hope you are all keeping safe and well.

**Coraki Public School is a great place to work, play and learn.**

Kind Regards,

*Lyn Parker*  
Principal



Class 3/4 taking inspiration from the Pocket Money board game and creating their own.



Class 5/6 working hard on there Geography and map reading abilities.

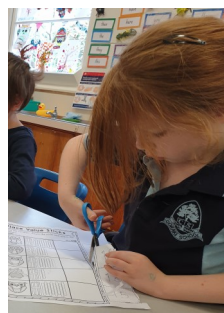


### **Evans River K-12 Year 7 Transition.**

Friday 30 October 2020

Please ensure all enrolment forms have been returned to Evans River K-12 before then to ensure your child's place in the Transition Program.





Kindy combining fine motor and mathematics.



In the Transition room this week, our pre-schoolers are practicing their fine motor skills.



Class 1/2  
Gross motor,  
balance and  
special  
awareness.

# A B C

**Kindergarten**  
**ORIENTATION 2021**

IS YOUR CHILD STARTING SCHOOL NEXT YEAR? PLEASE COME JOIN US

KINDERGARTEN ORIENTATION DAYS WILL BE:  
WEDNESDAY 11-13 NOVEMBER 2020  
9:30AM-2:30PM

PLEASE BRING YOUR OWN LUNCH AND A HAT.  
CONTACT US FOR MORE INFORMATION ON 6683 2073



# Whats in your lunch box today?

## Sesame puffed rice bars

- 3/4 cup tahini
- 3/4 cup honey
- 4 cups puffed rice
- 1 1/2 cups sunflower seeds
- 1 1/2 cups pepitas
- 1/2 cup sesame seeds

### Method 1:

Grease a 20cm x 30cm lamington pan. Line base and sides with baking paper, extending paper 5cm above edges of pan.

### Method 2:

Place tahini and honey in a small saucepan over low heat. Cook, stirring occasionally, for 3 minutes or until honey has melted and mixture is combined.

### Method 3:

Combine puffed rice, sunflower seeds, pepitas and sesame seeds in a bowl. Add tahini mixture. Working quickly, stir until combined. Spoon mixture into prepared pan, pressing with the back of a spoon to level and compact (see notes). Refrigerate overnight or until set.

### Method 4:

Cut into 20 bars. Refrigerate until required.

Recipe from Taste.com.au



## Northern Rivers Weekend Cartoon Camp

# HALLOWEEN PARTY

**Sat Oct 31<sup>st</sup>  
6pm - 9pm**

**Canlaba Community Hall  
414 Canlaba Road,  
Canlaba (Lismore)**

**Dress In your best Halloween costume**

- **Challenge:** Guess the Tim Tam™
- **Play:** Sock wrestling
- **Play:** Space jump
- **Draw:** Manga animals
- **Draw:** Mario™, Sonic™ & Yoshi™
- **Design a baseball cap:** We'll supply the caps
- **Nerf gun battle:** Bring in your nerf guns & goggles for a safe battle
- **Play:** Murder in the dark! An exciting game with balloons

02 9343 0833  
bookings@cartoonkingdom.com.au  
**www.illustrating-man.com.au**  
For children aged 4 - 15  
\$35 per child. Creative Kids Vouchers also accepted

## New to the Canteen

**Yogurt and mixed berry cups: \$2.00**

**Vege chips: \$1.50**



## Nutrition Snippet

**MEAT-FREE MONDAY.**

Get your family having more veg by making Monday 'Meat-free'.



### Try these meat-free meals:

- [Mushroom, spinach and lentil lasagne](#)
- [Green frittata](#)
- [Eggplant tagine](#)

Any leftovers can be used in the lunch box the next day!

[healthy lunchbox.com.au](http://healthy lunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box